

Parish Council Meeting 18 March 2025 – Agenda Item 8

Southcourt Family Centre Plus visit 7.3.25

I visited the South Court Family Centre Plus facility on Friday March 7 to meet with Sarah Barnett, the manager who has more than 20 years' experience working in youth services across Buckinghamshire.

The centre, which is based on the Aylesbury College campus, provides support to children aged 0-19 and their families in a range of ways including mental health provision.

It runs a series of ongoing courses and activities to support the health and wellbeing of young people. It is funded by Buckinghamshire Council and covers the Aylesbury Vale area.

I attended on behalf of the Communities Committee as I had seen details of a six-week course the centre is running at the centre to support the health and wellbeing of young people aged 11-13.

The course includes advice on managing exam stress, keeping safe online and developing positive strategies to manage anxiety and general stress.

The course is delivered by a Community Interest Company called Empower U – who are specialists at running courses and workshops for young people around mental health and building resilience.

I wanted to ask Sarah if she thought there was a place for us as a parish council to run a similar course.

She said there was a great need to support young people, not just underprivileged families and that she thought it would be of huge benefit to the community for us to provide support for young people.

She suggested speaking to Empower U about running a taster workshop during the summer holidays to see how it is received by young people.

Sarah kindly said the centre would support us with their experiences and expertise and that I could contact her at any point to get help and advice.

I spoke to Empower U and they have offered to run a one-off workshop for us that covers a range of topics to help build resilience and promote positive mental health among young people.

The cost for the four-hour event is £698. I propose running the event in the summer holidays and engaging with schools and other local organisations to promote it.

Sarah said in her opinion the greatest need was among the 12–14-year-old age group who are going through adolescence and preparing for exams and are active online on social media.

Sarah also suggested getting a food truck to deliver lunch to young people and position the day as more of a 'Talking Teens' event to provide an informal forum for young people to come together and build key skills to help them navigate the stresses and challenges they face.

The emphasis of the course would be to empower young people to take charge of their mental health and to build skills to help them manage life's challenges.

I would need funding of £1,000 to cover the course, hire the community centre and provide lunch for the young people.

NOTICE OF ELECTION

Buckinghamshire Council Election of Parish Councillors

| | |
|--|---|
| Election of councillors to Stoke Mandeville Parish Council for Hawkslade ward | 3 |
| Election of councillors to Stoke Mandeville Parish Council for Stoke Grange ward | 2 |
| Election of councillors to Stoke Mandeville Parish Council for Stoke Leys ward | 3 |
| Election of councillors to Stoke Mandeville Parish Council for Stoke Mandeville Village ward | 4 |

1. Forms for nomination may be obtained at The Gateway, Gatehouse Road, Aylesbury, HP19 8FF from a Deputy Returning Officer who will, at the request of an elector for any electoral area prepare a nomination paper for signature. Forms for nomination may also be obtained from the Electoral Commission website: <http://www.electoralcommission.org.uk>
2. Nomination papers must be hand delivered to a Deputy Returning Officer at The Gateway, Gatehouse Road, Aylesbury, HP19 8FF between 10am on Tuesday 18 March and 4pm on Wednesday 2 April 2025 (excluding weekends). Nomination forms may only be hand delivered between those dates during the hours of 10am and 4pm, except on Wednesday 19 March and Wednesday 26 March when they may be hand delivered up to 8pm. Nomination papers must be hand delivered no later than 4pm on Wednesday 2 April 2025.
3. If any election is contested the poll will take place on Thursday 1 May 2025.
4. Applications to register to vote must reach the Electoral Registration Officer by 12 midnight on Friday 11 April 2025. Applications can be made online: <https://www.gov.uk/register-to-vote>
5. Applications, amendments or cancellations of postal votes and amendments or cancellations of proxy votes must reach the Electoral Registration Officer at The Gateway, Gatehouse Road, Aylesbury, HP19 8FF by 5 pm on Monday 14 April 2025. Applications can be made online at www.gov.uk/apply-postal-vote
6. Applications for a Voter Authority Certificate or an Anonymous Elector's Document valid for this election must reach the Electoral Registration Officer at The Gateway, Gatehouse Road, Aylesbury, HP19 8FF by 5pm on Wednesday 23 April 2025. Applications can be made online: <https://www.gov.uk/apply-for-photo-id-voter-authority-certificate>
7. New applications to vote by proxy at this election must reach the Electoral Registration Officer at The Gateway, Gatehouse Road, Aylesbury, HP19 8FF by 5pm on Wednesday 23 April 2025. Applications can be made online at www.gov.uk/apply-proxy-vote
8. Applications to vote by emergency proxy at this election on the grounds of physical incapacity or work/service reasons must reach the Electoral Registration Officer at The Gateway, Gatehouse Road, Aylesbury, HP19 8FF by 5pm on Thursday 1 May 2025. The physical incapacity must have occurred after 5pm on Wednesday 23 April. To apply on the grounds of work/service, the person must have become aware that they cannot go to the polling station in person after 5pm on Wednesday 23 April 2025.

Dated Tuesday 18 March 2025

Sarah Ashmead
Returning Officer

LIST OF RECEIPTS AND PAYMENTS FOR PARISH COUNCIL MEETING ON 18th MARCH 2025

RECEIPTS

| <u>Date Received</u> | <u>Received from</u> | <u>Reference</u> | <u>Amount Received</u> | | <u>Details</u> |
|-----------------------|----------------------|------------------|------------------------|------------|----------------|
| | | | <u>Gross</u> | <u>VAT</u> | <u>Net</u> |
| 10/03/2025 | Lloyds Bank | interest | 289.34 | | 289.34 |
| | | | | | - |
| Total Receipts | | | 289.34 | - | 289.34 |

PAYMENTS - From Current Account

| <u>Direct Debits</u> | | | <u>Gross</u> | <u>VAT</u> | <u>Net</u> | <u>Transaction Detail</u> |
|----------------------|------------------------|------------|---------------|--------------|---------------|---|
| 28/02/2025 | Onecom | 7503529 | 70.56 | 11.76 | 58.80 | Office Phone to 31st January 2025 |
| 10/03/2025 | Lloyds Bank | 449010243 | 8.50 | - | 8.50 | Bank Charges to 9th February Current A/c |
| 10/03/2025 | Lloyds Bank | 449913064 | 8.50 | - | 8.50 | Bank Charges to 9th February Debit Card A/c |
| 17/03/2025 | PEAC Finance (Current) | 26/0001381 | 390.94 | 65.16 | 325.78 | Photocopier Rental 17/03/24 to 16/06/2025 |
| 19/03/2025 | Peoples Partnership | february | 269.57 | - | 269.57 | Pension Costs February 2025 |
| | | | 748.07 | 76.92 | 671.15 | |

Standing Orders

| | | | | | | |
|------------|----------------|--|---------------|----------|---------------|------------------------------------|
| 28/03/2025 | Rosalyn Haines | | 666.67 | - | 666.67 | Grounds Maintenance for March 2025 |
| | | | 666.67 | - | 666.67 | |

Online Transfer - Paid 27th February

| | | | | | | |
|------------|-------------------|----------|-----------------|---------------|-----------------|---|
| 18/02/2025 | CloudyIT | 6570 | 2,226.24 | 371.04 | 1,855.20 | 2025/26 IT Licenses and Support |
| 27/02/2025 | Clerk | february | 1,991.75 | - | 1,991.75 | Salary for February 2025 |
| 27/02/2025 | Assistant Clerk | february | 823.60 | - | 823.60 | Salary for February 2025 |
| 27/02/2025 | Cllr P Wood | refund | 13.50 | - | 13.50 | Refreshment for Fun and Fitness Class |
| 10/02/2025 | Mollie Laine Hunt | MH1 | 212.50 | - | 212.50 | Party in the Park - Deposit for Soul Diva |
| 27/02/2025 | Assistant Clerk | b&q | 22.50 | - | 22.50 | Postcrete for bug hotels |
| | | | 5,290.09 | 371.04 | 4,919.05 | |

Online Transfer - Paid 6th March

| | | | | | | |
|------------|----------------------------|--------------|---------------|---------------|---------------|--|
| 28/02/2025 | RCF Windows | 64666 | 297.00 | 49.50 | 247.50 | New Hinge for Community Centre Window |
| 06/03/2025 | SMVCA | 02-2025-smvc | 22.00 | - | 22.00 | Hire of Park Room for Fun & Fitness |
| 06/03/2025 | Tulu Toilet Hire | 44947 | 120.00 | 20.00 | 100.00 | Portable Toilet for Playing Field - February |
| 06/03/2025 | Assistant Clerk | mileage | 14.85 | - | 14.85 | Mileage for January and February |
| 06/03/2025 | Ellevate Entertainment Ltd | Deposit | 300.00 | 50.00 | 250.00 | Deposit for VE-Day Anniversary Polka Dots |
| | | | 753.85 | 119.50 | 634.35 | |

Online Transfer - Paid 18 March 2025

| | | | | | | |
|------------|-------------|---------|---------------|--------------|---------------|---|
| 18/02/2025 | Jamtastic | Jam6802 | 342.00 | 57.00 | 285.00 | Leaflet for Richborough Estates Application |
| 18/03/2025 | Cllr P Wood | refund | 8.26 | - | 8.26 | Refreshment for Fun and Fitness Class |
| | | | 350.26 | 57.00 | 293.26 | |

From Clerks Debit Card Account

| | | | | | | |
|------------|---------------------|------------|---------------|--------------|---------------|---------------------------------|
| 15/02/2025 | Amazon | 907671 | 15.56 | 2.59 | 12.97 | Box of Cable Ties |
| 04/03/2025 | Wix.com | 1164891233 | 230.40 | | 230.40 | Website Hosting Fee for 2025/26 |
| 11/03/2025 | JRB Enterprises Ltd | 14414 | 77.88 | 12.98 | 64.90 | Dog Waste Dispensing Bags |
| | | | 323.84 | 15.57 | 308.27 | |

| | | | |
|-----------------------|-----------------|---------------|-----------------|
| Total Payments | 8,132.78 | 640.03 | 7,492.75 |
|-----------------------|-----------------|---------------|-----------------|

This list of payments has been checked by the clerk and verified for payment.

Signed A.Skeggs (Clerk)

Date 13th March 2025

Bank Balances as at 18 March 2025

| | | |
|---|-------------------|----------------------------------|
| £ | 6,715.89 | Treasurers Account |
| £ | 377,470.64 | Deposit Account |
| £ | 500.00 | Debit Card Account |
| £ | 87,900.94 | NatWest 95 Day Liquidity Account |
| £ | 472,587.47 | |

The above list of payments was approved by the Parish Council at its meeting on 18th March 2025.

Signed _____ (Chairman)

This is an electronic signature - a hard copy with a wet signature is available.

Date 18th March 2025